

Marcey Uday-Riley

Biography



Senior consultant, speaker, facilitator, author, and coach, Marcey Uday-Riley, MSW, CPT, is the co-founder of The Center for Career and Life Transitions (CCLT.) CCLT is a training, coaching, and consulting group that helps people in transition leave **Anxiety** behind, establish **Balance**, and move forward with new-found **Confidence**. CCLT offers career-development and life-skills advice, self-discovery assessments and tools to support positive change.

A former therapist and family counselor, Marcey helps organizations and their employees make the necessary changes to stay healthy and productive in dynamic times. Often called a “human performance engineer,” Marcey works with executives, leadership teams, middle managers, and the general workforce. She helps them identify barriers to success and strategies to overcome them, learn new skills to accomplish their career and life goals, and build or strengthen relationships.

As a practice leader in a US-based mid-sized consulting firm, Marcey helps organizations around the world to grow successful leaders and increase sales revenues through customer- and people-focused strategies. As the author of hundreds of modules of people-skills-development, Marcey’s approach to behavior change is often integrated into the leadership and staff development curricula in organizations that are committed to personal, professional, and career development.

Marcey is a frequent presenter at conferences and workshops where she helps participants transition to a higher level of performance at work and at home. She is often called on to be a personal coach for managers who are struggling with leadership issues and teams challenged by cultures in transition.

An active member of the International Society for Performance Improvement (ISPI) and the Association for Talent Development (ATD), Marcey spends her free time supporting two local community-based nonprofits and the VIP Mentor Program. Her work has been published in several journals and industry magazines, and she is a frequent guest speaker at Wayne State University’s Institute for Learning and Performance Improvement. She has also authored two best-selling videos designed to help people successfully navigate through challenging transitions.

Marcey has a passion for helping people create positive change in their lives. By integrating her knowledge of human behavior with learning and development, Marcey is able to translate conceptual ideas into real-world, practical applications. This is the reason she is often sought as a mentor or coach to mentors and coaches.